



Waterford Festival of Food – Festive Cooking Evening

Just what ingredients do you need for that perfect winter stew? Or how do you bake the best mince pies or mouth-watering festive treats? All the answers are very, very close at hand.

The Waterford Festival of Food is hosting a festive cooking evening with renowned Chefs Paul Flynn and Eunice Power on Thursday 13, November in The Park Hotel Dungarvan.

The massively successful inaugural Waterford Festival of Food was held in Dungarvan last April and will be hosted again in 2009. The festive cooking evening is a celebration of the festival and an opportunity for budding chefs to learn the trade and sample the wares of celebrity chefs Eunice Power of Powersfield House in Dungarvan and Paul Flynn current Chef of the Year and owner of The Tannery Restaurant Dungarvan.

Eunice Power will performing her cookery demonstration on the 'Stanley Supreme' and will be launching the brand new Waterford Stanley Cookbook under the title 'Cook with Stanley' packed full of inspiring, yet easy to prepare recipes from the renowned chef.

The cookbook features over 100 recipes from traditional family favourites such as Shepherd's pie to contemporary classics like pan fried scallops. The focus of each recipe is for healthy, additive-free meals made using fresh, widely available ingredients. In addition the book is peppered with interesting information on the history and background of ingredients with tips on using alternatives, as well as interesting 'foodie facts' and anecdotes to add interest.

Dungarvan-based author, Eunice, said: "I really hope readers will enjoy using 'Cook with Stanley' as much as I enjoyed writing and compiling it. The key to successful cooking is

to enjoy the process, not just the end result. I hope that Cook with Stanley will entice even the most reluctant cooks to view creating meals in a cosy kitchen not as a chore but an enjoyable and really rewarding experience."

The Festive cooking evening will also feature the Ard Scoil Choir who will certainly season the evening with a host of festive carols.

The Festive cooking evening will take place at The Park Hotel Dungarvan at 7.30pm Tickets are 15 euro and are available from Waterford County Council, The Country Store Dungarvan, Nude Food, Dungarvan and the Tourist Office in Dungarvan or from 058 22,000.



Celebrity Chef who will carry out a Christmas Cookery Demonstration on Thursday next in the Park Hotel - Powersfield House's Eunice Power pictured with the Tannery's Paul Flynn at the Pride of Place Award in Cappoquin — David Clynh