

Waterford Stanley launch new Cookbook with Chef Eunice Power

Waterford Stanley has launched an inspiring new cookbook 'Cook with Stanley', packed full of inspiring, yet easy to prepare recipes from renowned chef, Eunice Power. 'Cook with Stanley' was launched at the Waterford Festival of Food festive cooking evening which took place in Dungarvan on Thursday 13, November with well known chefs Paul Flynn and Eunice Power.



Renowned chef and author of 'Cook with Stanley', Eunice Power launching the Waterford Stanley cookbook, aided by Paul Flynn, at the Waterford Festival of Food Festive Evening on November 13 in Dungarvan

information on the history and background of ingredients with tips on using alternatives, as well as interesting 'foodie facts' and anecdotes to add interest while you cook!

At the launch of the book, Dungarvan-based author, Eunice, said: "I really hope readers will enjoy using 'Cook with Stanley' as much as I enjoyed writing and compiling it. The key to successful cooking is to enjoy the process, not just the end result. I hope that Cook with Stanley will entice even the most reluctant cooks to view creating meals in a cosy kitchen not as a chore but an enjoyable and really rewarding experience."

"I really feel that the foundation of each recipe is the use of nourish-

ing and wholesome ingredients, best sourced locally and, where possible, organically grown as well," added Eunice.

Beautifully illustrated, Cook with Stanley offers a multitude of recipes for every cooking and dining occasion. Individual chapters are

dedicated to Breakfast and Brunch, Soups and Canapes, Starters and light lunches, Meat, Fish, Poultry & Game, Vegetarian, Bread and Baking, Desserts, Stocks, Sauces & Relishes.

- Cook with Stanley comes as a free gift with every new Stanley

range cooker and is also available to purchase direct from Waterford Stanley for just €19.99 for information on Cook with Stanley or any Waterford Stanley product, lo-call Waterford Stanley on 1850 302 502.

The festive cooking evening was a celebration of the massively successful Waterford Festival of Food which was held in Dungarvan last April and will be hosted again in 2009. The evening gave an opportunity for budding chefs to learn the trade and sample the wares of celebrity chefs Eunice Power of Powersfield House in Dungarvan and Paul Flynn current 'Chef of the Year' and owner of The Tannery Restaurant Dungarvan.

Eunice Power delighted audiences with her cookery demonstration on the 'Stanley Supreme' and launched the new edition Waterford Stanley Cookbook under the title 'Cook with Stanley'.

The cookbook features over 100 recipes from traditional family favourites such as Shepherd's pie to contemporary classics like pan fried scallops. In addition the book is peppered with interesting